



Fully Funded for any adult living in Stoke on Trent

Children & Young People's Mental Health Awareness

Mental health problems in children & young people are quite common with one in ten children aged between five & sixteen having a diagnosed poor mental health condition. This equates to approximately three children in every classroom. It is also thought that about 75% of mental illnesses are thought to start before the age of 25. This course looks at what is mental by mental health and explores some reasons why children and young people's mental health might become poor. It identifies poor mental health conditions and looks at ways to reduce the risks to children & young people. It also explores ways to support children & young people through difficult times.

Thursday 27 June 2019

9.00 till 14.30

Venue

**All Saints Church *Hall*, Leek Road,
Joiners Square, Hanley. ST1 3HH** (free car park at the side of the hall)

To book a place contact Stoke Adult Learning on

01782 234775 or come along on the day

(booking advised)