



Medical Policy

St Mary's CE (A) Primary School

2017-2018

1. INTRODUCTION AND GENERAL PRINCIPLES

The staff and governors of St Mary's are wholly committed to pursuing a policy of inclusive education that welcomes and supports pupils with medical conditions. This policy is designed to support the management of medication and medical care in school and to support individual pupils with medical needs.

The policy is drawn up in consultation with a wide range of local key stake holdings within the school and health care setting and complies with DCFS guidelines for 'Managing Medicines in Schools and Early Years Settings (2004)'

2. RATIONALE AND AIMS

To provide a clear policy that is understood and accepted by all staff, parents and children, providing a sound basis for ensuring that children with medical needs receive proper care and support in school, and that for such children attendance is as regular as possible.

The policy includes:

- A clear statement of parental responsibilities in respect of medicines
- Roles and responsibilities of staff administering medicines
- Procedures for managing prescription medicines which need to be taken in the school day
- Procedures for managing prescription medicines on outings and trips
- Written permissions from parents for medicines
- Circumstances in which children may take non-prescription medicines
- Assisting children with long term medical needs
- Staff training
- Record keeping
- Safe storage of medicines
- The school's emergency procedures
- Risk assessment and management procedures
- Management of medical conditions

3. RESPONSIBILITIES

- a) Parents or guardians have prime responsibility for their child's health and should provide the school with up to date information about their child's medical conditions, treatment and/or any special care needed.

If their child has a more complex medical condition, they should work with the school nurse or other health professionals to develop an individual healthcare plan, which will include an agreement on the role of the school in managing any medical needs and potential emergencies.

It is the parent/carers responsibility to make sure that their child is well enough to attend school.

- b) There is no legal duty which requires school staff to administer medication; this is a voluntary role. While teachers have a general professional duty to safeguard the health and safety of their pupils and to act in 'loco parentis', that is, to act as any reasonable parent would, this does not imply a duty or obligation to administer medicine.

Staff will have access to information, via the Individual Care Plans, on pupils medical conditions and actions to take in an emergency. Only Senior Leaders will administer medication.

- c) The policy of this school is not to administer medication or medical care unless the pupil has a medical condition, which if not damaged, could prove detrimental to their health or limit access to education. The Head Teacher accepts responsibility, in principle, for school staff administering or supervising the taking of prescribed medication or medical care during the school day only where it is absolutely necessary.

4. PRESCRIBED MEDICINES

- a) Prescribed medicines should only be brought to school when essential; that is, where it would be detrimental to a child's health if the medicine were not administered during the school day.

Medicines prescribed 'three times a day' should be administered "before school, after school and at night". This school recognises in extreme cases (as stipulated by a doctor in writing), and agreed by the Head Teacher, that staff may administer medication only if permission to give medication form has been completed. However, parents and carers are allowed into school to administer medication if they so desire.

- b) Exceptions to this are pupils on health care plans who have individual medical needs requiring emergency medication to treat specific conditions, such as anaphylaxis or asthma.
- c) This school will only accept medicines that have been prescribed by a doctor, dentist, nurse prescriber or pharmacist prescriber and are presented in the original container dispensed by a pharmacist and include the pupil's name, prescriber's instructions for administration and dosage.

5. NON-PRESCRIBED MEDICINES

Non-prescribed medicines will only be administered with prior written permission from parents in extreme circumstances such as residential trips. Staff will check the medicine has previously been administered without adverse effect and a permission to give medication form has been completed.

Staff will never administer medicines containing aspirin unless prescribed by a doctor. Staff will never administer medication containing ibuprofen to children who are asthmatic.

6. ADMINISTERING MEDICINES

- a) This school recognises no child under 16 should be given medicines without their parent's written consent. Following written consent using permission to give medication, any member of staff administering medicines to a pupil should check:
 - The child's name
 - Name of medication
 - The prescribed dose
 - Expiry date
 - Written instructions provided by the prescriber on the label or container

If in doubt about any procedure, staff will not administer the medicine before checking with parents or a health professional before taking further action.

- b) A written record must be kept following administration of medicines to pupils, in the medicine log book.

- c) If a child refuses to take a medicine, staff will not force them to do so, but will record this in the medicine log book and parents/carers will be notified of the refusal.

7. LONG TERM MEDICAL NEEDS

Where a pupil has a chronic illness, medical or potentially life threatening condition, the school will initiate a health care plan to meet individual needs and support the pupil. This will be drawn up by health care professionals in consultation with the child's parents or guardians and will contain the following information:

- Definition and details of the condition
- Special requirements e.g. dietary needs, pre-activity precautions
- Treatment and medication
- What action to take/not to take in an emergency
- Who to contact in an emergency
- Staff training where required
- The role the staff can play
- Consent and agreement

8. RECORD KEEPING

- a) Parents should tell the school about the medicines their child needs to take and provide details of any changes to the prescription or the support required. Medicines should always be provided in the original container as dispensed by the pharmacist and include the prescriber's instructions. Requests for staff to administer medication should be written on the permission to give medication form. These should include:

- Name of child
- Name of medicine
- Dose
- Method of administration
- Time/frequency of medication
- Any side effects
- Expiry date

Completed forms should be kept in the class medical folder and referred to when administering medication. The Medical Log book must be completed by staff

following administration; this should be kept in the staffroom with the Healthcare Plans. If a child refused medication, this must be recorded in the Medical Log book and parents should be notified.

- b) Requests for updated medical conditions including asthma, are distributed to parents at the beginning of each school year. These are collated by the First Aid Coordinator and registered and recorded in each class medical folder and in the first aid room folder. All staff have access to this information and actions to take in an emergency.
- c) Children with food allergies have their photographs and details displayed in the catering manager's office to ensure that food products are safe for children.
- d) Updated medical conditions and reviews of policies and practice are monitored and disseminated by the First Aid Coordinator in liaison with the Pastoral Assistant Head as they are presented.

9. STORING MEDICINES

- a) Staff will only store, supervise and administer medicine that has been prescribed for an individual child. Medicines must be stored safely in the pharmacist's original container and clearly labelled with the child's name, the dosage and instructions for administration.
- b) Non-emergency prescribed medication is stored with the permission to give medication in the school office. Medication requiring refrigeration is stored in the staffroom fridge.
- c) Emergency medications such as Epi-pens and asthma inhalers should be readily available in a clearly labelled container in the class teacher's cupboard. Children should know where their medicines are stored; they should not be locked away.
- d) Parents are ultimately responsible for checking expiry dates on their children's medicines and replacing as necessary. The First Aid Coordinator will also check medication expiry dates twice a year.

10. DISPOSAL OF MEDICINES

- a) Staff should not dispose of medicines. Parents are responsible for ensuring that date-expired medicines are returned to a pharmacy for safe disposal. They should also collect medicines held at the end of each year. Any medicines that have been collected should be taken to a local pharmacy for safe disposal.
- b) Sharps boxes should always be used for the safe disposal of needles. Parents should obtain these from their child's GP and return to a pharmacy for safe disposal.

11. EMERGENCY PROCEDURES

- a) All staff are aware of procedures when dealing with a medical emergency. These should be supervised by a trained First Aider.
- b) All staff are aware of pupils on a health care plan and understand the need to follow agreed emergency support.
- c) All staff know how to call the emergency services; guidance is displayed on the school office noticeboard.
- d) In the event of an emergency, every effort will be made to contact a parent so that they may accompany their child to hospital. If this is not possible, a member of staff will accompany the child to hospital by ambulance and stay until the parent arrives. Health care professionals are responsible for any decisions on medical treatment when parents are not available.

12. EDUCATIONAL VISITS

- a) This school actively encourages children with medical needs to participate in trips and visits. Staff will aim to facilitate reasonable adjustments to enable pupils with medical needs to participate fully and safely on visits. Risk assessments will be used to highlight any potential difficulties and ensure procedures are in place to support pupils. Additional staff/adults will be considered for this purpose.
- b) Prior to an overnight school trip, parents must complete an up-to-date medical questionnaire about pupil's current general health and medication.

Prescribed medication will be administered, providing parents have completed a permission to give medication form. Parents are invited to provide written consent to enable staff to act 'in loco parentis' and administer Calpol analgesia if required. Where this is refused, parents are requested to discuss alternative support measure with staff.

- c) Accompanying staff will be aware of any medical needs and relevant emergency procedures. A copy of health care plans will be taken on all visits as well as emergency medication that may be required.

13. STAFF TRAINING

- a) St Mary's School holds training on common medical conditions once a year; this is delivered by the school nurse or relevant health care professionals. A log of staff training is kept and reviewed every 12 months to ensure new staff receive training.
- b) Staff training is provided to support the administration of emergency medications such as Epi-pens or insulin. The school keeps a register of staff who have undertaken the relevant training. Only staff who have received this training should administer such medications.
- c) St Mary's School has several appointed First Aiders and Paediatric First Aiders. Training is reviewed regularly and updated every three years.

14. MEDICAL CONDITIONS

ASTHMA

This school recognises that asthma is a widespread, potentially serious, but controllable condition and encourages pupils with asthma to achieve their potential in all aspects of life.

- a) Parents have a duty to inform staff if their child is asthmatic. Preventative inhalers should be provided and labelled with the pupil and class name. These should be kept in an assigned container within the teacher's cupboard and accompany the child if they are educated outside the school premises.

- b) Children with asthma must have immediate access to inhalers when they need them and know where they are kept. A spacer device may be required and the pupil may need support to use this.
- c) A record sheet to record the frequency of an inhaler use can be found in each class medical folder. This should be completed for all KS1 pupils and for KS2 children where usage exceeds normal daily administration.
- d) Parents should be notified when a child has used an inhaler excessively or more regular than usual.
- e) Pupils with asthma are listed in the school Asthma Register, found in class medical folders.
- f) After school clubs are notified on club registers if a member is asthmatic.

IMPACT INJURIES

Injuries to limbs or heads

Any impact injury to limbs need to be seen by 2 First Aiders and signed by both members of staff dealing with the child.

Pupils who sustain a head injury **MUST** be reviewed by a First Aider in school. If a pupil has a visible wound, swelling or adverse reaction, parents will be informed and are welcome to assess their child personally. Where there are no adverse effects, the pupil can remain in school whilst being observed. However in the case of head injuries a head injury advice sheet must be completed and sent home with the routine accident record slip. All children should wear a 'bumped head' sticker following an incident so all know to monitor their wellbeing.

If following assessment the injury is deemed serious the First Aiders could further decide to:-

- Contact the emergency services for an emergency ambulance - parents to be contacted and asked to attend.
- Contact parents to take their child home.

EPILEPSY, ANAPHYLAXIS AND DIABETES

Parents have a duty and responsibility to notify the school if their child has any of these conditions and should provide details of any treatments and support they may require in school. Relevant health care professionals will liaise between parents/guardians and school personnel to ensure staff are aware of, and trained to provide, any relevant or emergency support or treatment. An individual health care plan will usually be compiled, detailing the course of action to be taken.

Appendix 1 - Advice to staff re head bump

Appendix 2 - Advice slip to Parents following a bumped head

Reviewed: October 2017
Next Review September 2018

Signed G James (Headteacher) Date

Signed S Oxford (Chair of Governors) Date

We work with due regard to the equality act 2010 to make sure that all our pupils regardless of ethnicity, ability, home language and special educational needs are included and are able to access language lessons.

Appendix 1



ST. MARY'S

Head Bumps- Guidance for Staff

Dear All,

In the case of a bumped head please follow the advice in the medical policy. Please note of the advice gained from the internet.

Minor head injuries often cause a bump or a bruise. As long as the person is (awake), with no deep cuts, there is unlikely to have been any damage to the brain.

Other symptoms of a minor head injury may include:

- Feeling sick
- Mild headache
- Tender bruising or mild swelling of the scalp
- Mild dizziness

These mild symptoms after a knock, a bump or a blow to the head, do not require any specific treatment.

However any unconsciousness, vomiting, problems with vision, a black eye with no other injury around the eye, bruising behind the ears, difficulties understanding what others say would indicate a more serious trauma and medical advice should be sought immediately.

The following note should be attached to the normal bump note and given personally to the parent

.Your child has bumped his/her head today. As per school policy- they have had a cold compress applied and have been monitored closely to ensure they are fine. They have also been wearing a bumped head sticker so that all staff are aware of the bump too. If staff have become concerned they will already have rung you.

For the next 48 hours it is recommended that you observe them closely and monitor whether their symptoms change or worsen. If your child has a minor head injury they may cry or be distressed. This is normal and with attention and reassurance most children will settle down. However, seek medical attention if your child continues to be distressed or you consider their condition has worsened.

Thank you Gill James

Appendix 2



Head Bumps- Guidance for Parents

Dear Parents,

Your child has bumped his/her head today. As per school policy- they have had a cold compress applied and have been monitored closely to ensure they are fine. They have also been wearing a bumped head sticker so that all staff are aware of the bump too. If staff have become concerned they will already have rung you.

For the next 48 hours it is recommended that you observe them closely and monitor whether their symptoms change or worsen. If your child has a minor head injury they may cry or be distressed. This is normal and with attention and reassurance most children will settle down. However, seek medical attention if your child continues to be distressed or you consider their condition has worsened.